



# Freshman Overnight Retreat 2018

Parental Permission for Off-Campus School Activity

**Please read, complete and submit to the Campus Ministry Office by September 19<sup>th</sup> 2018**

As a part of the Overnight Retreat, students will be transported by parent volunteers to a senior student's home for activities and dinner on Saturday night. The senior's parents will be present, in addition to a faculty member. They will return to SAINTS by 10:00pm.

\_\_\_\_\_ has my permission to participate in the  
Name of student - PRINT  
Freshman Overnight Retreat from October 6th-October 7th, 2018.

I hereby release St. Augustine High School from any responsibility in case of accident while on this retreat. Permission is also given to administer First Aid or emergency medical treatment.

Date\_\_\_\_\_

Phone (\_\_\_\_\_)\_\_\_\_\_

Email \_\_\_\_\_@\_\_\_\_\_

Signature of Parent/Guardian\_\_\_\_\_

St. Augustine High School  
Office of Campus Ministry  
3266 Nutmeg Street  
San Diego, CA 92104

All freshmen will receive a retreat T-shirt at the end of the retreat.

Son's Tshirt Size

S M L XL XXL XXXL

TO SUBMIT FORM BY EMAIL: sahscompmin@gmail.com

**FRESHMAN OVERNIGHT RETREAT 2018**

Dear Freshman Saintsman:

On behalf of the Campus Ministry office, welcome to SAINTS! This letter is to remind you about the 18th Annual Freshman Overnight Retreat, to be held Saturday Oct. 6th-October 7th, 2018.

**This retreat is mandatory for all freshmen.**

Please see Ms. Quirk in the Campus Ministry office if any concerns arise. **It is also mandatory that at least one of your parents attend the opening assembly and family exchange activity on Saturday morning.** PLEASE also invite them to the Freshman Family Mass Sunday at 10:00am, which concludes your retreat.

It is extremely important that you remind your parents to send in permission slips and any other materials needed for the retreat. *You will be unable to participate in the retreat if we do not receive your permission slip.*

**IMPORTANT INFO:**

1. You **and** your parents will check in at 9:00 AM Saturday (10/6/2018) morning. **Check-in will be in the foyer of the St. Augustine Commons. Please enter using the south side entrance.**
2. No electronics devices, they will be confiscated.
3. **WHAT TO BRING:** a sleeping bag, pillow, toiletries, and a change of clothes.
4. Please fill out the medical information below before you return the permission slip.
5. Bring an open heart and an open mind, and be prepared to be honest.

**We look forward to having you!**

Respectfully,  
Miss Nicole Quirk  
Director of Campus Ministry  
(619) 282-2184 x5595  
nquirk@sahs.org

**MEDICAL INFORMATION**

**Student Name (PLEASE PRINT)** \_\_\_\_\_

An emergency contact can be the parents or other adults that are available.

(1) Emergency Contact \_\_\_\_\_ Relationship\_\_\_\_\_

Phone\_\_\_\_\_

(2) Emergency Contact\_\_\_\_\_ Relationship\_\_\_\_\_

Phone\_\_\_\_\_

MEDICAL CONDITION(S)\_\_\_\_\_

PRESCRIPTION INFORMATION\_\_\_\_\_

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